

Sunday

Monday

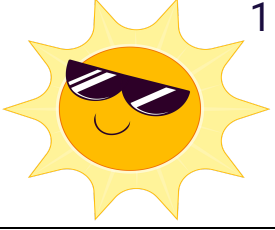
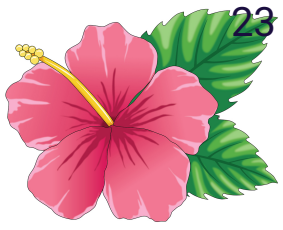
Tuesday

Wednesday

Thursday

Friday

Saturday

 August 2026						
	10:00 Walk-N-Roll 10:45 BINGO 1:15 Karaoke	10:00 Chair & Ball Exercises 10:45 Creative Color 1:15 Loteria	10:00 Chair Yoga 10:45 Loteria 1:15 Karaoke	10:00 Stretch Exercises 10:45 Memory Game 1:15 Connect 4	10:00 Balloon Tennis 10:45 BINGO 1:15 Karaoke	
	10:00 Walking Club 10:45 Loteria 1:15 Karaoke	10:00 Chair & Ball Exercises 10:45 BINGO 1:15 Parachute Game	10:00 Chair Tai Chi for Seniors 10:45 Arm-Chair Travel 1:15 Karaoke	10:00 Throwback Chair Dance 70s 10:45 Loteria 1:15 Giant Jenga	10:00 Beach Ball Volleyball 10:45 Lei Crafts 1:15 Hawaiian Luau & Karaoke	
	10:00 Walk-N-Roll 10:45 BINGO 1:15 Karaoke	10:00 Chair & Ball Exercises 10:45 Heads-Up 1:15 Craft Club	10:00 Seated Cardio 10:45 Loteria 1:15 Karaoke	10:00 Balloon Tennis 10:45 Mood Art 1:15 Water Gun Race	10:00 Pirates Day Walk the Plank 10:45 Treasure Chest BINGO 1:15 Karaoke	
	10:00 Walking Club 10:45 Loteria 1:15 Karaoke	10:00 Chair & Ball Exercises 10:45 Guess The Picture! 1:15 Bird Crafts	10:00 Chair Tai Chi for Seniors 10:45 Loteria 1:15 Karaoke	10:00 Stretch Exercise 10:44 Detective Puzzles 1:15 Corn Hole	10:00 Fun Fitness 10:45 BINGO 1:15 August BIRTHDAY Celebration!!	
Program Key: Cognitive Emotional Social Physical Vocational Announcements	10:00 Walk-N-Roll 10:45 BINGO 1:15 Karaoke					

Tentative schedule. All activities and times subject to change.