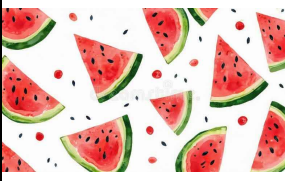


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:00 Chair Yoga 10:45 Mood Art 1:15 Karaoke	10:00 Walker & Chair Decorating 1:15 Patriotic March & Rainbow Sprinkler 2:00 Karaoke	4th of July Holiday Day Center Closed	 Independence Day (U.S.)
5	6	7	8	9	10	11
	10:00 Walk-N-Roll 10:45 Quick-Draw 1:15 Karaoke	10:00 Chair & Ball Fitness 10:45 Memory Game 1:15 Loteria	10:00 Stretch Exercises 10:45 Loteria 1:15 Karaoke	10:00 Seated Dance Fitness 10:45 Heads-Up 1:15 Giant Jenga	10:00 Balloon Tennis 10:45 Parachute Game 1:15 Karaoke	
12	13	14	15	16	17	18
	10:00 Walk-N-Roll 10:30 Melody BINGO 1:15 Karaoke	10:00 Chair & Ball Fitness 10:45 Fuzzle-Ball 1:15 Sing-Along	10:00 Tai Chi 10:45 Vitality & Healthy Aging 1:15 Karaoke	10:00 Throwback Chair Dance 70s 10:45 Paint Along 1:15 Mini-Golf	10:00 Stretch Exercises 10:45 Giant Jenga 1:15 Karaoke	
19	20	21	22	23	24	25
	10:00 Walk-N-Roll 10:45 Name That Tune 1:15 Karaoke	10:00 Chair & Ball Fitness 10:45 Creative Painting 1:15 Craft Club	10:00 Stretch Exercises 10:45 Loteria 1:15 Karaoke	10:00 Chair Yoga 10:45 Summer Trivia 1:15 Watermelon Social	10:00 Chair Zumba 10:45 Summer Gardening Activity 1:15 Karaoke	
26	27	28	29	30	31	
Program Key: Cognitive Emotional Physical Social Vocational	10:00 Walk-N-Roll 10:45 Loteria 1:15 Karaoke	10:00 Chair & Ball Fitness 10:45 Floral Craft 1:15 Corn Hole Toss	10:00 Chair Yoga 10:45 BINGO 1:15 Karaoke	10:00 Balloon Tennis 10:45 Healthy Eating for Life 1:15 Cultural Dance Demos	10:00 Tai Chi 10:45 Memory Game 1:15 July BIRTHDAY Celebration!!	

Tentative schedule. All activities and times subject to change.