

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Seated Yoga 10:30 BINGO 1:30 Meet & Greet with Shanel	2 10:00 Balance Exercises 10:30 Crafty Crew 1:30 Trivia Tuesday	3 10:00 Seated Dance 10:30 Loteria 1:30 Name That Tune	4 10:00 Throwback Chair Dance 50s 10:30 BINGO 1:30 Dominoes	5 10:00 Walk & Roll Club 10:30 Color Along 1:30 Friday FUNday	6 
	7 10:00 Walk & Roll Club 10:30 Memory Game 1:30 BINGO	8 10:00 Tai Chi 10:30 Crafty Crew 1:30 Loteria	9 10:00 Seated Yoga 10:30 Coping Skills/Self Care 1:30 Loteria	10 10:00 Throwback Chair Dance 60s 10:30 Throwback Trivia 1:30 BINGO	11 10:00 Balloon Tennis 10:30 1:30 Friday FUNday	12 
 Flag Day (U.S.)	14 10:00 Balloon Tennis 10:30 BINGO 1:30 Sing-A-Long	15 10:00 Seated Pilates 10:30 Juneteenth Paint Along 1:30 Name That Tune	16 10:00 Seated Walk 10:30 Loteria 1:30 Dice Game	17 10:00 Throwback Chair Dance 70s 10:30 BINGO 1:30 Dominoes	18 10:00 Seated Yoga 10:30 Giant Jenga 1:30 Friday FUNday	19 
 HAPPY Father's Day Summer Begins Father's Day	21 10:00 Walk & Roll Club 10:30 BINGO 1:30 Color Along	22 10:00 Stretch Exercises 10:30 Crafty Crew 1:30 Chair Your Talent Circle	23 10:00 Father's Day Social 10:30 Father's Day Tie Craft 1:30 Loteria	24 10:00 Seated Yoga 10:30 Vitality & Healthy Aging 1:30 BINGO	25 10:00 Walk & Roll Club 10:30 Corn Hole 1:30 Birthday/Sing-A-Long	26 
Program Key28 Cognitive Emotional Physical Social Vocational Announcements	29 10:00 Balloon Tennis 10:30 BINGO 1:30 Friendship Bracelets	30 10:00 Walk & Roll 10:30 Craft Crew 1:30 Photography Sharing				

Tentative schedule. All activities and times subject to change.