



# MAY

## CENTRAL VALLEY PACE MENU

	MON	TUE	WED	THU	FRI
WEEK 1	<p>4</p> <p>CHICKEN FAJITA BOWL WITH ONION &amp; PEPPERS BROWN RICE CARROTS, RADISH, &amp; CABBAGE SALAD MANDARIN ORANGES</p>	<p>5</p> <p>ROSEMARY &amp; THYME PORK ROAST WHOLE GRAIN ROLL DICED CARROTS, CELERY, ONIONS &amp; SWEET POTATOES BERRY MIXED FRUIT</p>	<p>6</p> <p>CHEESEBURGER ON A WHOLE GRAIN BUN WITH LETTUCE, ONION GRILLED ZUCCHINI PEAR CUP</p>	<p>7</p> <p>BAKED BBQ CHICKEN ROASTED CAULIFLOWER &amp; BELL PEPPER BROWN RICE PILAF DICED PINAPPLE</p>	<p>8</p> <p>WHOLE GRAIN PENNE ALFREDO WITH SAUSAGE &amp; WHITE BEANS GREEN BEANS, ONIONS, &amp; CARROTS MANGO &amp; PINAPPLE MIX FRUIT</p>
WEEK 2	<p>11</p> <p>HOMESTYLE MEATLOAF WITH GRAVY WHOLE GRAIN ROLL SPINACH SALAD WITH BALSAMIC DRESSING PEACH CUP</p>	<p>12</p> <p>CHICKEN STIR-FRY WHOLE GRAIN BROWN RICE MIXED VEGETABLES MANGO &amp; PINEAPPLE MIXED FRUIT</p>	<p>13</p> <p>LENTIL STEW WITH WHOLE GRAIN ROLL HOUSE SALAD BERRY MIX</p>	<p>14</p> <p>ASIAN CHICKEN SALAD SHREDDED CABBAGE, CARROTS, BELL PEPPERS BROWN RICE MANDARINS</p>	<p>15</p> <p>GROUND TURKEY BROWN RICE SAUTEED ZUCCHINI PEAR SLICES</p>
WEEK 3	<p>18</p> <p>GROUND TURKEY RICE PILAF STEAMED BROCCOLI AND CAULIFLOWER APPLES</p>	<p>19</p> <p>CHICKEN TENDERS CA VEGGIE MIX WHOLE GRAIN PASTA SALAD PEACH CUP</p>	<p>20</p> <p>VEGGIE EGG SCRAMBLE WITH TOMATO, SAUTEED SPINACH, MUSHROOMS, PEPPERS &amp; ONIONS WHOLE GRAIN TORTILLA PEAR CUP</p>	<p>21</p> <p>GREEN CHICKEN POZOLE SHREDDED CABBAGE, CARROTS &amp; RADISH PEAR CUP</p>	<p>22</p> <p>ROASTED TURKEY SWEET POTATO MASH, BRUSSEL SPROUTS &amp; CARROTS WHOLE GRAIN HERBED COUSCOUS BERRY MIXED FRUIT</p>
WEEK 4	<p>25</p> <p>DAY CENTER CLOSED MEMORIAL DAY</p>	<p>26</p> <p>TOMATO BASIL CHICKEN BROWN RICE PARMESAN ZUCCHINI MELON MIX</p>	<p>27</p> <p>CREAMY WHITE BEAN &amp; SPINACH SOUP WHOLE GRAIN ROLL CA VEGGIE MIX APPLE SLICES PEANUT BUTTER</p>	<p>28</p> <p>FETA CHICKEN BROCCOLI SEASONED WHOLE GRAIN COUSCOUS ORANGE SLICES</p>	<p>29</p> <p>EGG &amp; TURKEY SAUSAGE WHOLE GRAIN FRENCH TOAST STICKS VEGETABLE MIX BERRY MIXED FRUIT</p>