

FEBRUARY

CENTRAL VALLEY PACE MENU



MON

TUE

WED

THU

FRI

2

TURKEY SLOPPY JOE
ON A WHOLE GRAIN BUN
GREEN BEANS
APPLE SLICES

3

CHICKEN TENDERS
MUSHROOM RICE
BAKED ZUCCHINI
PEACH CUP

4

SALISBURY STEAK WITH GRAVY
WHOLE GRAIN ROLL
SAUTEED ASPARAGUS
ORANGES OR MANDARINS

5

CHICKEN TAMALES WITH GREEN SAUCE
NOPALES SALAD
PINTO BEAN SALAD WITH MILD PICO DE GALLO
APPLE SLICES

6

BACON EGG BITES
FLOUR TORTILLA
SPINACH SALAD
PEAR CUP

9

CHICKEN FAJITA BOWL WITH ONION & GREEN SAUCE
CILANTRO LIME RICE
CARROTS, RADDISH, & CABBAGE SALAD
MANDARIN ORANGES

10

HAWAIIAN HAM & CHEESE SLIDERS
ON WHOLE GRAIN ROLL
HOUSE SALAD
APPLE SLICES

11

BEEF & VEGETABLE STEW
MUSHROOM BROWN RICE
SAUTEED GREEN BEANS
MANGO & PINEAPPLE MIX

12

GRILLED SHREDDED CHICKEN
HOUSE SALAD
WHOLE GRAIN ROLL
GRAPE & BERRY MIX

13

WHOLE GRAIN PENNE PASTA
ITALIAN SAUSAGE IN ALFREDO SAUCE
SAUTEED GREEN BEANS
MANGO & PINEAPPLE MIX

16

DAY CENTER CLOSED IN OBSERVANCE OF PRESIDENT'S DAY



17

CHEESEBURGER ON A WHOLE GRAIN BUN
SPINACH SALAD WITH CHERRY TOMATOES
APPLE SLICES

18

LENTIL STEW
WHOLE GRAIN ROLL
SIDE SALAD
GRAPE & BERRY MIX

19

HOMESTYLE MEATLOAF WITH GRAVY
WHOLE GRAIN ROLL
SPINACH SALAD
PEACH CUP

20

FRENCH TOAST STICKS
SCRAMBLED EGGS
SPINACH, MUSHROOM & BELL PEPPER MIX
APPLE SLICES

23

GREEN CHICKEN POZOLE
NOPAL SALAD
SHREDDED CABBAGE, CARROTS & RADISH
PEAR CUP

24

SHREDDED BEEF IN GINGER SOY SAUCE
BROWN RICE
MIXED VEGETABLES
PEACH CUP

25

MARRY ME CHICKEN
STEAMED BROCCOLI
WHOLE GRAIN MUSHROOM RICE
ORANGES

26

BUTTERNUT SQUASH SOUP
ITALIAN SAUSAGE TOPPING
BAKED ZUCCHINI
WHOLE GRAIN ROLL
MIXED FRESH MELON

27

BLT SANDWICH ON WHOLE GRAIN BREAD
SPINACH SALAD
PINTO BEAN SALAD WITH PICO DE GALLO
PEAR CUP

WEEK 1

WEEK 2

WEEK 3

WEEK 4