

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>10:00</b> Tai Chi 1 <b>10:45</b> Riddles/ Trivia <b>1:30</b> Karaoke April Fools' Day	<b>10:00</b> Seated Volleyball 2 <b>10:45</b> Bingo <b>1:30</b> Matching Game	<b>10:00</b> Chair Yoga 3 <b>10:45</b> Bingo <b>1:30</b> Karaoke	<b>10:00</b> Stretch Exercise 4 <b>10:45</b> Trivia <b>1:30</b> Bingo	<b>10:00</b> Balance Exercise 5 <b>10:45</b> Bingo <b>1:30</b> Karaoke	
7 	<b>10:00</b> Balance Exercise 8 <b>10:45</b> 3D Paper Craft <b>1:30</b> Karaoke	<b>10:00</b> Chair Yoga 9 <b>10:45</b> Matching Game <b>1:30</b> Color Along	<b>10:00</b> Stretch Exercise 10 <b>10:45</b> Riddles/ Trivia <b>1:30</b> Bingo	<b>10:00</b> Tai Chi 11 <b>10:45</b> Unscramble the Word <b>1:30</b> Karaoke	<b>10:00</b> Strength Exercise 12 <b>10:45</b> Bingo <b>1:30</b> Paint Along	13 
14 	<b>10:00</b> Stretch Exercise 15 <b>10:45</b> Matching Game <b>1:30</b> Karaoke	<b>10:00</b> Strength Exercise 16 <b>10:45</b> Riddles/ Trivia <b>1:30</b> Bingo	<b>10:00</b> Chair Yoga 17 <b>10:45</b> Bingo <b>1:30</b> Unscramble the Word	<b>10:00</b> Balance Exercise 18 <b>10:45</b> Trivia <b>1:30</b> April Flowers Craft	<b>10:00</b> Tai Chi 19 <b>10:45</b> Bingo <b>1:30</b> Karaoke	20 
21 	<b>10:00</b> Chair Yoga 22 <b>10:45</b> Earth Day Suncatchers <b>1:30</b> Karaoke Passover Begins Earth Day	<b>10:00</b> Stretch Exercise 23 <b>10:45</b> Giant Jenga <b>1:30</b> Nature Craft	<b>10:00</b> Seated Balloon Tennis 24 <b>10:45</b> Bingo <b>1:30</b> Matching Game Administrative Professionals Day	<b>10:00</b> Tai Chi 25 <b>10:45</b> Riddles/ Trivia <b>1:30</b> Spa Manicures	<b>10:00</b> Balance Exercise 26 <b>10:45</b> Bingo <b>1:30</b> Karaoke Arbor Day	27 
28 	<b>10:00</b> Seated Volleyball 29 <b>10:45</b> Bingo <b>1:30</b> Karaoke	<b>10:00</b> Tai Chi 30 <b>10:45</b> Unscramble the Word <b>1:30</b> Bingo	 <p style="text-align: center;"> <b>April 2024</b>            Program Key:  <b>Intellectual</b>, <b>Physical</b>, <b>Social</b>, <b>Emotional</b>, <b>Vocational</b> </p>			

**\*Tentative Schedule. All activities and times subject to change.\***