




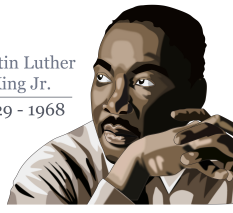




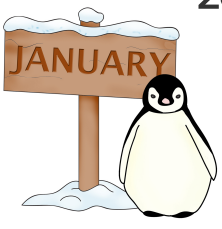




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED 1  CERRADO	10:00 Trivia 2 10:45 New Year Relay Competition 1:30 New Year's Celebration Toast Social	10:00 Seated Balloon Tennis 3 10:45 Bingo 1:30 New Year's Reflection Activity	10:00 Stretch Exercise 4 10:45 Matching Game 1:30 Karaoke	10:00 Chair Yoga 5 10:45 Bingo 1:30 Cookie Decorating Social	
7 	10:00 Stretch Exercise 8 10:45 Bingo 1:30 Karaoke	10:00 Chair Yoga 9 10:45 Loteria 1:30 Matching Game	10:00 Seated Balance 10 10:45 Bingo 1:30 Trivia	10:00 Stretch Exercise 11 10:45 Choir 1:30 MLKJ Day Coloring Craft	10:00 Strength 12 Exercise 10:45 Dice-breakers 1:30 MLKJ Day Craft	13 
14  Martin Luther King Jr. 1929 - 1968	CLOSED 15  CERRADO	10:00 Seated Balloon Tennis 16 10:45 Bingo 1:30 Color Along	10:00 Chair Yoga 17 10:45 Karaoke 1:30 Trivia	10:00 Stretch Exercise 18 10:45 Bingo 1:30 Spa Manicures	10:00 Seated Balance 19 10:45 Matching Game 1:30 Karaoke	20 
21  Activity Professionals Week	10:00 Seated Volleyball 22 10:45 Bingo 1:30 New Year's and Activity Prof. Celebration Social	10:00 Strength 23 Exercise 10:45 Choir 1:30 Matching Game	10:00 Stretch Exercise 24 10:30 Bingo 1:30 Paint Along Tu B'Shevat Begins	10:00 Seated Balance 25 10:45 Giant Jenga 1:30 YouTube Music Video Watch Group	10:00 Chair Yoga 26 10:45 Karaoke 1:30 Dice-breakers Australia Day (Observed)	27 
28 	10:00 Stretch Exercise 29 10:45 Matching Game 1:30 Karaoke	10:00 Seated Balance 30 10:45 Bingo 1:30 Trivia	10:00 Chair Yoga 31 10:45 Bingo 1:30 Winter House Decorating Contest voting	 <h1>JANUARY 2024</h1> <p>Program Key:</p> <p>Intellectual Physical Social Emotional Vocational</p> 		

Tentative Schedule. All activities and times subject to change