
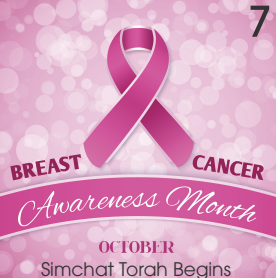


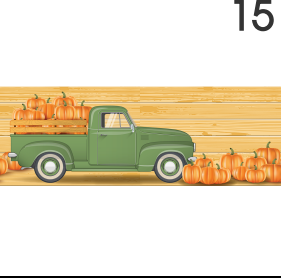







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>DIA DE LOS MUERTOS</p>	<p>10:00 Chair Yoga 2 10:45 Bingo</p> <p>1:15 Matching Game 2:00 Color Along: Dia de los Muertos</p>	<p>10:00 Seated Balance 3 10:45 Paint Along</p> <p>1:15 YouTube Music Video Watch Group 2:00 Giant Jenga</p>	<p>10:00 Indoor Walk and Stretch Exercise 4 10:45 Word Bubble</p> <p>1:15 Standing Balance 2:00 Karaoke</p>	<p>10:00 Indoor Walk 5 10:45 Loteria 1:15 Stretch Exercise 2:00 Matching Game</p>	<p>10:00 Strength Exercise 6 10:45 Bingo</p> <p>1:15 Karaoke 2:00 Breast Cancer Awareness Pins Craft</p>	 <p>BREAST CANCER Awareness Month OCTOBER Simchat Torah Begins</p>
 <p>INDIGENOUS PEOPLES' DAY</p>	<p>8 10:00 Chair Yoga 9 10:45 Spa Manicures</p> <p>1:15 Bingo 2:00 Spot the Difference Game <i>Indigenous Peoples' Day</i></p>	<p>10:00 Matching Game 10 10:45 Stretch Exercise</p> <p>1:15 Karaoke 2:00 Color Along</p>	<p>10:00 Indoor Walk and Stretch 11 10:45 Loteria 1:15 Standing Balance 2:00 Name That Tune</p>	<p>10:00 Chair Yoga 12 10:45 Bingo</p> <p>1:15 Matching Game 2:00 YouTube Music Video Watch Group</p>	<p>10:00 Stretch Exercise 13 10:45 Paint Along</p> <p>1:15 Jeopardy 2:00 Karaoke</p>	 <p>14 Italian-American Month</p>
	<p>15 10:00 Seated Balance 16 10:45 Karaoke</p> <p>1:15 Cornhole Tournament 2:00 Trivia</p>	<p>10:00 Matching Game 17 10:45 Seated Balance</p> <p>1:15 Button Tree Craft 2:00 YouTube Music Video Watch</p>	<p>10:00 Chair Yoga 18 10:45 Bingo</p> <p>1:15 Who am I Game 2:00 Loteria</p>	<p>10:00 Spot the Difference Game 19 10:45 Stretch Exercise 1:15 Guided Relaxation 2:00 Karaoke</p>	<p>10:00 Strength Exercise 20 10:45 Bingo</p> <p>1:15 Dice-breaker 2:00 Tissue Paper Art</p>	 <p>21</p>
	<p>22 10:00 Stretch Exercise 23 10:45 Bingo 1:15 Shuffleboard Tournament 2:00 Mosaic Paper Craft</p>	<p>10:00 Strength Exercise 24 10:45 Giant Jenga</p> <p>1:15 Tai Chi 2:00 Loteria</p>	<p>10:00 Seated Balance 25 10:45 Bingo</p> <p>1:15 Karaoke 2:00 Matching Game</p>	<p>10:00 Chair Yoga 26 10:45 Spa Manicures</p> <p>1:15 Audio Bingo 2:00 Color Along</p>	<p>10:00 Indoor Walk and Stretch 27 10:45 Pumpkin Paint Craft 1:15 Standing Balance 2:00 Karaoke</p>	 <p>28</p>
 <p>29</p>	<p>10:00 Stretch Exercise 30 10:45 Duck Matching Game 1:15 Karaoke 2:00 Trick-or-Treat Game</p>	<p>10:15 Halloween Race 31 11:00 Trick-or-Treat Game 1:15 Duck Matching Game 2:15 Costume Contest <i>Halloween</i></p>	 <p>OCTOBER 2023</p> <p>Program Key: Intellectual Physical Social Emotional Vocational</p> 			

Tentative Schedule. All Activities and times subject to change.