

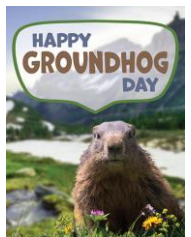


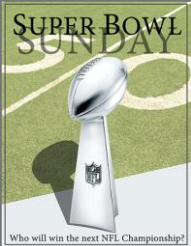











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  <p>All activities/times subject to change</p>			<b>1</b> 10:00 Brain Teasers 10:30 Bingo  1:00 Drum Group 1:30 Painting Class	<b>2</b> 10:00 Groundhog Hunt 10:30 Make a GHD Door Hanger 1:00 Groundhog Day Puzzles & Coloring 1:30 Bingo <small>Groundhog Day</small>	<b>3</b> 10:00 Indoor Walk 10:30 Guided Relaxation  1:00 Brain Teasers 1:30 Karaoke	<b>4</b> 
<b>5</b> 	<b>6</b> 10:00 Indoor Walk 10:30 Guided Relaxation  1:00 Bingo 2:00 Brain Teasers	<b>7</b> 10:00 BHM Puzzles 10:30 Bingo  1:00 Exercise Group 1:30 Spa manicures	<b>8</b> 10:00 Brain Teasers 10:30 Karaoke  1:00 Corn Hole Championship 1:30 Relax and Color	<b>9</b> 10:00 Brain Teasers 10:30 Painting Class  1:00 Indoor Walk 1:30 Bingo	<b>10</b> 10:00 Indoor Walk 10:30 Spa Manicures  1:00 Valentine Craft 1:30 Karaoke	<b>11</b> 
<b>12</b> 	<b>13</b> 10:00 Indoor Walk 10:30 Cookie Decorating  1:00 Sun Catchers 1:30 Valentine Coloring & Puzzles	<b>14</b> 10:00 Valentines 10:30 Cooking with Crystal  1:00 Spa manicures 1:30 Exercise group <small>Valentine's Day</small>	<b>15</b> 10:00 Brain Teasers 10:30 Karaoke  1:00 Drum Group 1:30 Bingo	<b>16</b> 10:00 Indoor Walk 10:30 Guided Relaxation  1:00 Painting Class 1:30 Corn Hole Championship	<b>17</b>  <p>Mardi Gras Party</p>	<b>18</b> 
<b>19</b> 	<b>20</b>  <p>Center Closed <small>Presidents' Day</small></p>	<b>21</b>  <p>Mardi Gras Party <small>Mardi Gras</small></p>	<b>22</b> 10:00 Spa manicure 10:30 Drum Group  1:00 Birdhouse Craft 1:30 Brain Teasers <small>Ash Wednesday</small>	<b>23</b> 10:00 Brain Teasers 10:30 Bingo  1:00 Exercise Group 1:30 Gameshow	<b>24</b> 10:00 Guided Relaxation 10:30 Painting Class  1:00 Indoor Walk 1:30 Karaoke	<b>25</b> 
<b>26</b> 	<b>27</b> 10:00 Spa manicure 10:30 Guided Relaxation  1:00 Indoor Walk 1:30 Karaoke	<b>28</b> 10:00 Brain Teasers 10:30 Birdhouse Craft  1:00 Exercise Group 1:30 Bingo	 <h1>FEBRUARY 2023</h1> 			

Central Valley PACE Program Key- Physical Vocational Social Emotional Intellectual