



FEBRUARY



CENTRAL VALLEY PACE MENU

MON

TUE

WED

THU

FRI

WEEK 1

30

LASAGNA W/ITH
MEAT SAUCE
MIXED VEGETABLES
MILK

31

BANANA MUFFIN
SCRAMBLED EGGS
TURKEY SAUSAGE
LINKS
MILK

1

TURKEY CHILI
CORNBREAD
PEAS & CARROTS
MILK

2

ASIAN GARLIC
PASTA WITH DICED
CHICKEN
BROCCOLI
MILK

3

SAUSAGE & CHEESE
CROISSANT
HASH BROWNS
FRUIT
FRUIT JUICE

WEEK 2

6

CHICKEN TORTILLA
SOUP
GREEN SALAD WITH
DRESSING
MILK

7

TURKEY "SLOPPY"
JOE
WHOLE GRAIN BUN
GREEN BEANS
MILK

8

CHICKEN TINGA
SPANISH RICE
CONFETTI CORN
TORTILLA
MILK

9

PASTA ALFREDO
DICED CHICKEN
MIXED VEGETABLES
MILK

10

HAWAIIAN HAM
SLIDERS
PEAS & CARROTS
MILK

WEEK 3

13

CHICKEN CHOW
MEIN WITH
VEGETABLES
VEGETABLE EGG
ROLL
MILK

14

SPAGHETTI WITH
MEATHBALLS
GREEN SALAD WITH
DRESSING
TEXAS TOAST
MILK

15

BREAKFAST
SCRAMBLE
DICED POTATOES
FRUIT
FRUIT JUICE

16

JERK CHICKEN
RICE & BEANS
VEGETABLES
MILK

17

BEEF WITH
BROCCOLI
STEAMED RICE
CARROTS
MILK

WEEK 4

20

CLOSED

21

TURKEY TOSTADA
BEANS
VEGETABLES
CORN TORTILLA
CHIPS
MILK

22

CHICKEN FRIED
STEAK
GRAVY
MASHED POTAOES
MIXEED
VEGETABLES
MILK

23

SWEDISH
MEATBALLS
STEAMED RICE
VEGETABLES
MILK

24

CHICKEN SALAD
SANDWICH
ONION ROLL
FRESH CARROT
WITH RANCH
DRESSING
MILK

